## FAST TRACK

# Promiscuous females avoid inbreeding by controlling sperm storage 

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#### Abstract

Recent studies in a variety of species have shown that polyandrous females are somehow able to bias paternity against their relatives postcopulation, although how they do so remains unknown. Field crickets readily mate with their siblings, but when also mated to an unrelated male, they produce disproportionately fewer inbred offspring. We use a new competitive microsatellite polymerase chain reaction technique to determine the contribution of males to stored sperm and subsequent paternity of offspring. Paternity is almost completely predicted by how much sperm from a particular male is stored, and unrelated males contribute more sperm to storage and have a corresponding higher paternity success.


Keywords: competitive microsatellite PCR, cryptic female choice, genetic incompatibility, inbreeding avoidance, polyandry, sperm competition

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## Introduction

One of the many proposed explanations for the almost ubiquitous phenomenon of polyandry (females mating with more than one male) is as a mechanism to avoid reproducing with genetically incompatible mates (Zeh \& Zeh 1996). Although genetic incompatibility may take many forms, one that is likely to be almost ubiquitous is inbreeding depression (Tregenza \& Wedell 2000). Inbreeding generally results in reduced offspring fitness (Falconer \& Mackay 1996; Charlesworth \& Charlesworth 1999) and mechanisms that reduce matings between relatives are well documented (Pusey \& Wolf 1996). A series of recent studies have additionally suggested that females that mate to both related and unrelated males are somehow able to bias paternity against their relatives (Olsson et al. 1996; Stockley 1999; Kraaije-veld-Smit et al. 2002; Mack et al. 2002; Bretman et al. 2004; Thuman \& Griffith 2005; Simmons et al. 2006; Jehle et al. 2007), though the evidence is not universal (Stockley 1997; Jennions et al. 2004; Denk et al. 2005; Lane et al. 2007; Evans et al. 2008). In species where relatedness does affect paternity, there is little informa-

[^0]tion about how females might bias fertilization after copulation.

Field crickets are highly polyandrous in the laboratory and field (Bretman \& Tregenza 2005) and will readily mate with their siblings, despite lower viability of inbred offspring (Tregenza \& Wedell 2002). Polyandry allows females to overcome this cost, as females mated to a sibling and an unrelated male achieve the same hatching success as females mated to only unrelated males (Tregenza \& Wedell 2002). This appears to be because the unrelated male receives higher paternity success (Bretman et al. 2004). Here, we use a recently developed competitive microsatellite polymerase chain reaction (CM-PCR) technique to study how females bias paternity. CM-PCR has been used to assess relative paternity of mixed samples of offspring (Wooninck et al. 2000), relative contribution to sperm in different storage organs (Bussiere et al. 2009), and relative biomass of fungi in mixed samples (Naef et al. 2006). Wooninck et al. (2000) and Bussiere et al. (2009) refer to this method as competitive PCR, however to avoid confusion with quantitative real-time PCR methods, we follow Naef et al. (2006) in using the term 'competitive microsatellite PCR'. CM-PCR allows us to assess the individual-specific alleles in mixed samples of DNA because the relative strength of signal (sequencer peak
area) for an allele is mainly determined by the initial amount of template DNA, such that a male contributing more sperm to a sample will produce a relatively larger peak. This method therefore enables us to assess the relative contribution of individuals to mixed DNA samples, such as the sperm stored from two mates. We mated females to a sibling and an unrelated male (in either order) and determined the contribution of each male to stored sperm and subsequent paternity in a sample of offspring.

## Materials and methods

Crickets originated from the vicinity of Valencia, Spain and had been kept in a large, panmictic laboratory population for 20 generations. In the laboratory, crickets were maintained under a 14L:10D photoperiod at $28^{\circ} \mathrm{C}$, and given free access to food (rodent diet) and water. Crickets were isolated as late instar nymphs to ensure virginity, and mated at 7 days postadult eclosion. To obtain full-sib families, 14 separate crosses were set up and the offspring of these crosses used. Pairs that did not mate within an hour were discarded. Males produce spermatophores before introduction to the female, so could not later alter the content of the spermatophore depending on their relatedness to the female (Hall et al. 2000). After mating, pairs were kept together for an hour to standardize spermatophore attachment time, since males prevented spermatophore removal by females, and this was sufficient time to ensure complete sperm transfer (Simmons 1986a). Hence 1 h after the first mating, the first male was removed and the second male introduced. After mating, males were frozen at $-20^{\circ} \mathrm{C}$ until DNA extraction. Females were allowed to lay eggs for 24 h after their second mating and were then immediately preserved in 100\% ethanol. Offspring hatched 7-8 days after laying and a random collection of up to 30 newly emerged nymphs (mean $\pm$ SE $=27.6 \pm 1.1$ ) were frozen until DNA extraction. In all 28 matings were performed, 14 with the sibling as the first mate and 14 with the unrelated male first, such that each treatment contained one sister from each full-sib family.

DNA was extracted from adult legs and whole nymph mixtures (i.e. all offspring collected from one female combined in one extraction) using a salting out protocol (see Bretman \& Tregenza 2005). Females were rehydrated for 16 h before spermathecae were dissected out and the sperm DNA immediately extracted using a chelex protocol (see Bretman \& Tregenza 2005). Adult and nymph DNA was standardized to $30 \mathrm{ng} / \mu \mathrm{L}$ using a Nanovue (GE Healthcare).

Adults were screened with eight microsatellite loci [Gbim15 (Dawson et al. 2003); Gbim26, 29, 35, 48, 49, 66
and 72 (Bretman et al. 2008)] on an ABI 3130XL sequencer (Applied Biosystems). The CM-PCR technique requires one locus to be identified at which both males have one unique allele (i.e. not shared by the other male or the mother). Of the 28 triads mated, we could only identify unique alleles for 19 triads (nine sibling first mate) of which only 17 (eight sibling first) females laid eggs in the first 24 h . Therefore, the sperm and offspring of these triads were only genotyped at the locus at which both males had unique alleles, but this was not the same locus for all the triads.
To estimate the contribution to paternity and sperm in storage from the unrelated male, we compared relative peak areas (peak area is a standard variable calculated from the raw sequencer data by the fragment analysis software genemapper v 4.0, Applied Biosystems) of the unique alleles in these samples to standard curves derived from mixtures of each pair of males. Standard curves were made by mixing male DNA such that the unrelated male accounted for $6.25 \%, 12.5 \%$, $25 \%, 50 \%, 75 \%, 87.5 \%$ and $93.75 \%$ of the mix. As females necessarily contributed to the offspring DNA, and potentially contaminate the sperm sample, we repeated this with the addition of a standard amount of female DNA, representing half the total DNA mixture (i.e. $1 \mu \mathrm{~L}$ female DNA at $30 \mathrm{ng} / \mu \mathrm{L}$ plus $1 \mu \mathrm{~L}$ mixed male DNA for the seven different male mixtures). The relative peak area of the unrelated male's allele (unrelated allele peak area/unrelated + sibling allele peak area) was used in a regression with the initial proportion. No significant differences ( $P>0.05$ ) were found in comparisons of the gradient and elevation of the regressions with and without female DNA (Zar 1984). The initial proportion of DNA almost entirely predicted the relative peak area ( $R^{2}$ range $0.86-0.99$ ). As we used the actual competing pair of males or full mated triads for the standards, rather than a subsample of randomly paired males representing the distribution of alleles in the population (Bussiere et al. 2009), no other covariates (such as relative allele size in base pairs) were added to the model. Sperm and offspring samples were genotyped with the relevant locus and solved for the pertinent regression equation.

## Results

All data and residuals were normally distributed (Kol-mogorov-Smirnov tests, $P>0.05$ ), and variances were homogeneous (Levene's test, $P>0.05$ ). Mating order had no effect on male representation in the spermatheca (ANOVA $F_{1,19}=0.408, \quad P=0.531$ ) or on paternity ( $F_{1,17}=0.377, P=0.548$ ), hence this was removed from further analysis. Unrelated males contributed significantly more than half the sample of both sperm and


Fig. 1 Relative contribution to stored sperm and offspring paternity. Females were mated to a sibling and an unrelated male in either order. The related male contributes significantly more in (A) proportion of sperm in the spermatheca (mean $\pm S E$ ) and (B) proportion of offspring sired (mean $\pm \mathrm{SE}$ ).


Fig. 2 Correlation between the proportion of sperm in the spermatheca and the proportion of offspring sired by the unrelated male; sperm storage almost completely predicts paternity.
offspring (mean [ $\pm$ standard error (SE)]; sperm, mean $=0.74$ [0.06]; offspring, mean $=0.69$ [0.07]. One sample $t$-tests compared to 0.5 : sperm, $t_{18}=4.46$, $P<0.0001$ : offspring, $t_{16}=2.60, P=0.019$. Fig. 1). Males with more sperm in storage had correspondingly higher paternity (Pearson $r=0.938, n=17, P<0.0001$; Fig. 2).

## Discussion

Our data provide evidence for a simple mechanism by which polyandry enables females to avoid the cost of inbreeding. By assessing the contribution of unrelated and related males to sperm extracted from the spermatheca, we find that sperm from unrelated males is stored in preference to that from siblings. This corresponds to paternity bias in favour of unrelated males, assessed by using the same method to genotype a mixed sample of offspring. Although crickets were kept in a large, panmictic laboratory population, some inbreeding may have occurred, however if the 'unrelated' males were more related to the females than in a fully outbred population, this would make it more remarkable that females distinguish between these males and full-sib males. In contrast to our previous findings (Bretman et al. 2004) in which unrelated males only achieved higher paternity when they mated first, there was no effect of mating order; the unrelated male achieved more sperm storage and higher paternity whether the first or second to mate. Further work is needed to understand this difference; crickets were from a different population to the one studied previously (from Botswana), so there may be population level variation in the extent of sperm precedence due to mating order.

The difference in the number of offspring sired by related and unrelated males could also have been driven by differential mortality of offspring. Tregenza \& Wedell (2002) found that hatching success of inbred offspring was half that of outbred offspring, hence in Bretman et al. (2004) a correction was made for this in the calculation of offspring sired by the unrelated male. We did not make such a correction here as we have evidence that the manifestation of inbreeding depression can differ dramatically between populations of the same species. R. Rodríguez-Muñoz and T. Tregenza (unpublished) found no effect of inbreeding on hatching success in a population of Gryllus bimaculatus from Seville, Spain, in contrast to that found by Tregenza \& Wedell (2002) in a population from Botswana. Population level differences in the costs of inbreeding have been demonstrated in other taxa (Frankel \& Soule 1981; Thornhill 1993). The population in this study came from Valencia, Spain. Given the very strong correlation between sperm stored and offspring sired in this study, it is unlikely
that differential mortality had a large effect on our results. In addition, inbreeding could result in a difference in size between inbred and outbred offspring which would bias the calculation of relative contribution (as larger nymphs would contribute more DNA to the mixed extraction), however, we minimized this possibility by sampling newly emerged nymphs.

Studies similar to this one have been criticized because they cannot control pre- and postcopulatory behavioural mechanisms (Evans et al. 2008). However, crickets have a particular advantage for this type of study in that we can allow them to mate naturally and still rule out bias being due to males varying ejaculate size. As males had already produced the spermatophore before introduction to the female, they could not alter investment to transfer fewer sperm to their sisters (Hall et al. 2000). Spermatophore attachment time has been previously suggested as a way for females to exert choice (Simmons 1986b), however, as we standardized attachment time this could not have influenced sperm storage. Interestingly, the two existing studies that explicitly control for prefertilization behaviours through artificial insemination found no paternity bias (Denk et al. 2005; Evans et al. 2008), which perhaps indicates that contact with males is generally necessary for the females to assess male relatedness, or that behaviour such as differential sperm storage is a more parsimonious mechanism than cell-cell interactions.

Existing evidence for how polyandry might allow females to reduce the costs of inbreeding comes from only two studies. Pseudoscorpions with brood care can abort entire inbred broods (Zeh \& Zeh 2006), and polyandry rescues inbred offspring because spontaneous abortion is suppressed in broods containing a mixture of inbred and outbred offspring. However, within mixed broods, paternity is actually biased in favour of related fathers, therefore, this mechanism increases reproductive success by reducing abortion and not by biasing paternity in favour of unrelated males. In single matings, female jungle fowl eject sperm from related males (Pizzari et al. 2004), however, it is unknown whether this leads to a paternity bias when siblings and unrelated males are in competition. Indeed, males actually increase the amount of sperm transferred when mating with sisters (Pizzari et al. 2004). Apart from relatedness, various male characteristics have been shown to influence sperm storage. For example, in chickens females store more sperm from dominant males (Pizzari \& Birkhead 2000) and in Drosophila simulans females store more sperm from males lacking meiotic drivers (Angelard et al. 2008). Sperm storage or rejection could therefore provide a general mechanism for female choice where rejection of mating is costly, or where precopulatory choosiness is more costly than
postcopulatory choice or where close contact with males is required to assess the relevant traits.

Our experiment also provides direct evidence that sperm numbers determine paternity success. The idea of the raffle is central to sperm competition theory (Parker et al. 1997; Parker 1998). There is abundant evidence across many taxa that males adjust sperm number when faced with varying competition (Wedell et al. 2002). For example, a greater number (or more viable) sperm are ejaculated when mating with nonvirgin females (Cook \& Wedell 1996; Thomas \& Simmons 2007), when males experience rivals before or during copulation (Gage 1991; Candolin \& Reynolds 2002; Pilastro et al. 2002; Pizzari et al. 2003; del Barco-Trillo \& Ferkin 2004; del Barco-Trillo \& Ferkin 2007; Pound \& Gage 2004) or when males employ alternative mating tactics (Vladić \& Järvi 2001). In yellow dung-flies, under enforced monogamy or polyandry, males in polyandrous lines evolved larger testis and therefore increased potential sperm production (Hosken et al. 2001). The link between paternity and sperm number has been demonstrated through artificial insemination (Martin et al. 1974), and indirectly using experimentally manipulated lines in which males produce few, large or many, small sperm (Gage \& Morrow 2003). We have shown a remarkably tight correlation between sperm number and paternity, which to our knowledge this is the first time that this relationship been directly demonstrated in natural matings.
The offspring genotyped in this study were from the first 24 h of egg laying. In our previous study (Bretman et al. 2004), females were allowed to lay for 3 days, and so this could contribute to the difference between our current and previous findings. Female G. bimaculatus can lay for up to 3 weeks, and hence this will represent a fraction of the full progeny. However, most females laid substantially more eggs than the sample of offspring taken (up to 200). There is a trade-off between having a representative sample of offspring and being able to genotype the stored sperm. Leaving females for longer than 24 h could have compromised the ability to amplify the sperm (already a forensically small sample) and would also raise doubts over whether the sperm contents remained properly representative of what was stored initially. Nevertheless, further investigation of the change in sperm usage patterns over time would be far easier using this CM-PCR method.
The CM-PCR technique that we employ is clearly a powerful tool that could be applied to many situations, allowing samples that necessarily contain mixed DNA (such as sperm stored from two males) to be analysed, and saving the researcher considerable time and money. It is remarkable that this technique, first proposed by Wooninck et al. (2000) has remained unused (or at least
uncited) until being updated by Bussiere et al. (2009). We advocate its use and anticipate that it will be very fruitful for future research. One important caveat is that neither we nor previous studies (Wooninck et al. 2000; Bussiere et al. 2009) have investigated whether CM-PCR can be used in cases where more than two males are in competition. However, Naef et al. (2006) were able to identify and quantify four different strains of fungi in a mixed sample. Another limitation is that it is necessary to be able to genotype all individuals involved, therefore that is not useful for mixed sperm from wild caught females (for example as in Bretman \& Tregenza 2005). It is important to note that this method does not actually quantify DNA, like quantitative PCR, but can employ existing markers to assess relative contributions (microsatellites are now very widely available; nearly 240000 loci have been submitted to the NCBI database).

In conclusion, our data show that females mated to a sibling and an unrelated male can preferentially store sperm from the unrelated male, and that the relative amount of sperm in storage accurately predicts paternity. This bias must be a female effect as males produced their spermatophores in advance of introduction to the female. This is the first demonstration that females can manipulate sperm storage to avoid inbreeding, revealing a simple process of cryptic female choice that may apply across taxa.

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A.B. uses molecular techniques to answer behavioural questions related to sexual selection and polyandry in insects. D.N. was an undergraduate student on this project and is about to start a PhD on maternal effects in milkweed bugs. T.T. uses insects and other model systems in the hope of improving our understanding of speciation and the evolutionary consequences of sexual reproduction.


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